



- HyHealth is a unique, nationally available, and affordable program that merges new capabilities in data migration, mining and management with best practices in health care and proven motivational strategies.
- HyHealth is a **Wellness, Lifestyle and Clinical Risk Management** program for health care plans that is designed to achieve the ultimate “turnaround, reversing years of increasing medical costs and increasing plan premiums.”
- HyHealth educates employers on current trends and future predictions of the health-care industry, and more importantly, the correlation between ***lifestyle behaviors and clinical healthcare costs***.
- HyHealth improves the health status of the employees through communication, education, and motivation.
- HyHealth achieves this through:
 - Teams of health professionals who work directly with employees and their dependents using individualized care strategies based upon a proprietary numerical risk index assigned to each member.
 - a. The employees group is provided strategies to help maintain their current level of health and/or reduce unhealthy behaviors.
 - b. For those members identified as having multiple lifestyle risks but are not yet at the clinical threshold whereby a chronic condition has been diagnosed, a relationship is initiated, self-care strategies and health needs are discussed, and the process towards health improvement is initiated.
 - c. Persons in the post-threshold group are provided strategies for improving self-care, clinical compliance and other behaviors essential to improving or maintaining their current health status.
 - d. HyHealth is an integrated Risk Management program that designs and manages Wellness plans, 16 Lifestyle Risks and 21 chronic Clinical Risks. Once participants with these conditions are identified, HyHealth responds to initiate remedial and preventative measures.
- A 10% discount will be offered to groups with more than 250 employees.
- To receive more information on the HyHealth program you can go to the HyHealth Website: www.hyhealth.net.