

# SIMPLYWELL®

INTEGRATED  
HEALTH SOLUTIONS™

## **The SimplyWell Difference**

Founded by physicians, SimplyWell delivers the industry's most comprehensive clinically based solutions to employers of every size across the United States. SimplyWell's programs provide turnkey solutions that yield proven results. SimplyWell includes integration of claims data, health risk questionnaires, onsite health screens, customized participant action plans and extensive reporting. This systematic approach to wellness in the workplace allows for a proven ROI, improved employee health and productivity and decreased healthcare costs. SimplyWell offers NAHU members and their clients five percent off of listed retail prices.

## **The SimplyWell Approach**

The cornerstone of SimplyWell's products and services is a three-step turnkey process that empowers employees and produces proven results. To meet each client's unique needs, SimplyWell offers program customization.

### ***Assess & Evaluate***

- Assessment and evaluation of an organization's current healthcare costs
- Determination of a company's risk profile by aggregate reporting from combined results of online Health Risk Questionnaire and professionally staffed onsite Health Screens
- Review of healthcare trends and evaluation of healthcare risks
- Customizable online benefit bank
- Assurance of confidentiality and privacy

### ***Individualize & Empower***

- Health Risk Questionnaire
- Onsite Health Screens
- Personal Health Record—first generation electronic medical record
- Customized Individual Action Plan
- Individual Personal Wellness Profile Report
- Bilingual Platform (English and Spanish)
- Secure Password Access
- Library of over 1,200 Educational Health Modules
- Self Trackers in 15 areas, including blood pressure, weight, glucose levels
- Health Appointment Management
- Daily Health News
- 24-Hour Nurse Call Line staffed with Registered Nurses
- Healthy Lifestyle & Disease Coaching, number of calls based on risk level

- Decision Support Tools & Health Guides
- Assurance of confidentiality and privacy

***Report & Implement***

- Reporting available online, in real-time
- Individual participant reporting
- Extensive customized aggregated group employer reporting
- Third-party actuarial analysis provides proof of ROI

For more information, please contact 1.877.991.WELL(9355) or <http://www.simplywell.com/html/www/home/proposal.html>